



Re-education and Return-to-sport program for elite athletes

The reference in rehabilitation



With its unique offer of services, the Clinique romande de réadaptation (CRR) is the leader in the French speaking part of Switzerland in the field of rehabilitation. Built in 1999, the CRR experienced such an important development that an extension became necessary which was inaugurated in February 2015, in order to increase its capacity and to continue to develop certain departments within its walls.

In addition to the fields of musculoskeletal and neurological rehabilitation, the CRR proposes specific therapies in the field of spinal trauma, burn trauma, technical orthopaedics and professional rehabilitation. Last but definitely not least, with its sports medicine department, the CRR benefits from the « Swiss Olympic Medical Center » label.

Thanks to its competences in rehabilitation and in sports medicine, it was a natural evolution for the CRR to become a re-education and return-to-sport centre for elite athletes.

What kind of athletes ?



The CRR is geared up to host re-education and return-to-sport programs for high level athletes. Whether the problem concerns the musculoskeletal or the neurological system, the objective remains the same, optimise the return to competition.

Examples :

- muscular damage
- ligament damage
- fractures
- light brain trauma (concussion)
- orthopaedic interventions
- ...



The main advantages of the CRR



A global and complete offer

The CRR, as a rehabilitation clinic, benefits from having all the medico-sportive departments in the same place which enhances and ensures high quality care.



Competent staff

The follow-up throughout the stay is carried out by a physician from the sports medicine department, a specialist in sport sciences and a physiotherapist, all working in collaboration with other specialists that a situation may need.



High quality infrastructure and equipment

Swimming pool, sports hall, training rooms, outdoor areas, ... the Clinic has at its disposal all the equipment necessary for the athletes' optimum care.



Exceptional surroundings

The CRR is located in Sion, in the heart of the beautiful countryside of the Valais and its surrounding mountains. This region benefits from a particularly pleasant climate.

They all spent some time at the CRR



Silvio Fernandez

High level fencer, 4 participations at the Olympic Games, multiple podiums at the World Cup.



Marisa Lavanchy

Athlete, member of the 4x100m relay participant at the Rio Olympic Games in 2016.



Jenna Müllauer

Basketball player with Hélios Basket.



Vilmos Vanczak

Football player for FC Sion from 2007 to 2016.

They testify their experience

Silvio Fernandez

« During my stay at the CRR, I met people with an excellent approach, undeniable competences and I found the infrastructure perfectly adapted, not only for rehabilitation purposes but also for return-to-sport programs for elite athletes ».

Marisa Lavanchy

« The CRR allowed me to benefit from excellent supervision perfectly adapted to my problems as well as permitting me to focus on my sporting objectives. Thanks to an extremely devoted medical staff, both competent and conscious of the risks in play, I was able to reach, despite the complexity of the situation, the Rio Olympic Games. I will always be thankful to the CRR for having cared so well for me and allowed me to experience my Olympic dream ».

Jenna Müllauer

« I am totally satisfied by my stay at the CRR-Suva. I particularly appreciated the modern infrastructure which allows for extremely precise therapies and the cohesion between the different specialists which allows for optimum follow-up. What really helped me was the fact that my therapeutic program was perfectly adapted to my situation. This allowed me to quickly return to my former level of basketball training».



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Prestations et réadaptation

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